

THE BEST MOCKTAILS TO TRY THIS DRY JANUARY

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It's no secret that alcohol has a negative impact on one's health, and with more adults looking to cut their alcohol consumption, these mocktails from some of the world's favourite bars are the perfect booze-free alternatives.

Galleria Vik Milano

Galleria Vik Milano is ideally located in the historical centre of Milan and housed within the Galleria Vittorio Emanuele II, one of Italy's most iconic landmarks. V Bart and Restaurant, the hotel's art gallery restaurant, offers an assortment of creative cocktails that can be enjoyed with views overlooking famous buildings of the Galleria or at home.

ASIAN ICED TEA

INGREDIENTS

- 200 ml green / matcha tea
- 40 ml lemongrass water
- 5 mint leaves
- 40 ml Aloe Vera juice
- 25 ml lime juice

METHOD

Combine all ingredients in a cocktail shaker with ice and shake briefly. Strain into a coupe glass.

